

## What is Posturology?

The basic premise of Posturology is that the body receives sensory information from the environment primarily via the foot, eye, bite and skin. If there is a defect in one or more of these systems, the body adapts to the faulty signals its receiving, and thereby becomes pathologically imbalanced. The aim of Posturology is to correct errors at these receptor sites returning the body to equilibrium.

## Why Posturology?

We can actually modify a footprint by modifying tension in the eye muscles, by manipulating scar tissue, by altering an occlusion or simply by adjusting eyeglasses! In the same way, we can modify dental contact or occlusions by working with the feet, the eyes, or by correcting a leg length discrepancy!

Treating mechanical causes relative to the Tonic Postural System (TPS) , and not the symptoms, allows for a more efficacious therapy – in the short, medium and long term. As well, Posturology is complementary to all therapeutic approaches. Correcting the TPS can contribute to the success of any other treatment.

## About Posturepro

We are an educational organization that teaches seminars in Posturology, and will ultimately become the primary arm for associations of therapists. We will continue to grow and develop teaching materials and tools to help with learning and application of techniques in treating those suffering with pain.

Our goal is to provide explanations and solutions for pathologies. In doing so, our aim is to create communities of practitioners that will combine their skill set in order to maximize the function of the tonic postural system. We are dedicated to providing the most cutting edge treatment techniques available in the field of healthcare, as well as maintaining leadership in the development of innovative new techniques to treat chronic pain.



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## How can Posturology Help you?

Posturology's unique technique quickly restores functional movement, so that you can enjoy all of your activities. Many patients have improved so quickly, they have even been able to avoid pending surgery.



Results in 4 months. 14 year old boy showing a 42 degree scoliosis RISER 4

Posturology's unique therapy addresses the true cause of your ailments, not the symptoms. Results are immediate and long lasting. Conventional therapies focus on the symptoms and results are often temporary.

What makes Posturology unique is the specific nature of our dynamic postural assessment system that analyzes and corrects muscular imbalances. Experience Posturology's lasting results and allow your patients to live pain-free.

## Posturology Education

Any health care practitioner can learn posturology. It is very easy to apply it to the realm of corrective and performance conditioning. Our training is geared, first and foremost, to those therapists who are directly concerned with treatment of chronic pain, but as well to dentists, denturologists, athletic trainers and all therapists seeking to deepen their knowledge base.

### Workshop Schedule 2011-2012

Dates	Teacher	Event
Sept 15-18, 2011	Dr.BRICOT	Level 3&4
October 27-30, 2011	Dr.SANIGOU	Level 1&2
March 16-19, 2012	Dr.BRICOT	Level 1&2
June 15-18, 2012	Dr.BRICOT	Level 3&4
November 23-26, 2011	Dr.BRICOT	Level 1&2

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## The Foot

Clinical observations in posturology demonstrate that our feet adapt to all underlying imbalances in the body. Until today, the feet were still thought of, and treated as a cause... rather than as being a manifestation of a underlying problem. These notions call into question the many mechanical adjustments done at the level of the feet!

## The eye

The eye associates a sensory exteroception and a muscular proprioception. In fact, trouble with oculomotricity (lazy eye syndrome) can lead to visual fatigue, problems with concentration or balance, hyperactivity in a child leading to failure in school – and also, imbalances in the posture. An asymmetry in the tension of the eye muscles has repercussions on all muscular chain, affecting posture, as well as the muscles of the bite.

## The bite & scars

The integrity of the mandible leads to good balance between the occiput, the cervicals and the thoracic vertebrae. This system is often neglected due to lack of knowledge of its interactions with the entire muscular system, and its effect on the postural system. This is why it is imperative that dentists, especially those who specialize in occlusion rehabilitation, know about the proper functioning of the TPS.